We claim:

1. A player for reading data from an optical disc having data disposed along a spiral comprising:

a rotation detector that detects the direction in which the disc has to be rotated in order to read the data;

a controller coupled to said rotation detector and generating a command in response;

a motor receiving said command and rotating said disc; and
a first laser head positioned to read the data from the disc as the disc is
rotated by the motor.

- 2. The player of claim 1 wherein the disc includes rotation indicia indicating said rotation and wherein said rotation detector detects said rotation indicia.
- 3. The player of claim 1 wherein said disc has two data sides, further comprising a first and a second laser head positioned adjacent to respective sides of the disc.
- 4. The player of claim 3 wherein said laser heads read data from said sides sequentially.
 - 5. The player of claim 4 wherein said laser heads read data from said

sides simultaneously.

- 6. The player of claim 1 wherein said disc has a data side with at least two data layers, wherein said laser head is adapted to read data selectively from one or the other of said data layers.
- 7. The player of claim 1 further comprising a manual selector, said rotation detector being coupled to said manual selector.
- 8. A player reading data from a double-sided disc having at least one of two configurations, in one configuration the disc having data arranged along a right handed spiral on one side and a left handed spiral on the other side, in the second configuration the disc having data arranged in spirals in the same direction on both sides, comprising:

a disc detector that detects whether the disc inserted into the player has the first or the second configuration;

a controller coupled to said rotation detector and generating a command in response;

a motor receiving said command and rotating said disc in a corresponding direction; and

a first laser head positioned to read the data from the disc as the disc is rotated by the motor.

- 9. The player of claim 8 further comprising a manual selector used to select the type of disc being inserted into the player, said disc detector being coupled to said manual detector.
- 10. The player of claim 8 further comprising a second laser head, said first laser head reading data from a first side of the disc and said second laser head reading data from the second side of the disc.
- 11. The player of claim 8 wherein said motor rotates the disc in the same direction while data is being read from either side of the disc.
- 12. The player of claim 8 wherein said motor rotates the disc in one direction when reading data from one side and the other direction when reading data from the other side.
- 13. The player of claim 8 wherein the disc includes at least two data layers on one side and said first laser disc reads data selectively from said data layers.
- 14. The player of claim 8 wherein said disc detector reads data from the disc to detect a direction of rotation for the disc.
 - 15. The player of claim 8 wherein said detector reads reverse data from

the disc.

- 16. The player of claim 8 wherein said disc detector cooperates with said motor to rotate said disc in one of a first and second direction to determine the configuration of the disc.
 - 17. A method of playing discs comprising:
 inserting a disc in a player;
 determining if a disc requires a first or a second direction of rotation;
 rotating the disc in the required direction of rotation; and
 reading data from the disc.
- 18. The method of claim 17 wherein said step of determining includes receiving a selection signal from the user.
- 19. The method of claim 17 further comprising rotating the disc in a predetermined direction for either side of the disc.
- 20. The method of claim 17 further comprising rotating the disc in a first direction for the first side of the disc and rotating the disc in an opposite direction for the second side of the disc.